

MAY 3RD

MEAL PACK SAMPLE MENU

Milk is recommended daily with each meal

TUES. 5/4

Breakfast:

Waffle Bites w/ Syrup

Applesauce + Blueberries

Lunch:

Chef's Choice Entree

Edamame + Broccoli + Apple

WED. 5/5

Breakfast:

Pan Dulce

Applesauce + Banana

Lunch:

Taquitos

Cucumber/Tomato Salad + Orange

THURS. 5/6

Breakfast:

1/2 Bagel + Sausage Link

1/2 Orange + Juice

Lunch:

PBJ Sandwich

Cucumber/Tomato Salad + Banana

FRI. 5/7

Breakfast:

1/2 Bagel + Sausage Link

1/2 Orange + Juice

Lunch:

Hamburger

Tots + Tomatoes + Dried Fruit

MON. 5/10

Breakfast:

Cereal Bowl

Apple + Blueberries

Lunch:

Cheesy Bites w/ Marinara

Cucumber + Banana

